I see academic advising relationships as partnerships, learning from one another and working together to ensure you feel respected, supported, valued, and heard. In advising meetings, you can expect me to ask open-ended questions about both non-academic and academic topics. I hope you’ll ask me some questions too! I’m genuinely interested in getting to know you—your values, motivations, interests, needs, strengths, challenges, and aspirations. The more we learn from one another, the more meaningful connections we can make! The connection to self, community, and learning can have a significant impact on your undergraduate experience and beyond.

Connection to self, community, and learning is not only important for your growth and achievements, it is also vital to my growth and success as an academic advisor. As a member of the professional academic advising community, I’m committed to continued participation in ongoing reflection, assessment, goal-setting, and professional development in an effort to provide inclusive support to you and generations to come.

Throughout my commitment to learning and experiences in higher education, I’ve learned that change is constant and challenges often arise. Obstacles may surface throughout your undergraduate journey and the practice of resilience can be crucial to achieving your goals. As a former foster youth and first-generation college graduate, overcoming barriers and supporting others to do so is my jam! Self-awareness, strengths-based approaches, seeking meaning, and demonstrating the strength of asking for help all contribute to resiliency. I'm continually energized by those who are defying odds and aspire to do all that I can to support individuals who are facing adversity.